

Whole Wheat Tortillas



Ingredients:

2 ½ cups whole wheat flour
½ cup olive oil – or oil of choice
1 tsp. salt
1 cup warm water

Instructions:

Add wheat flour and salt to a mixer. Turn on mixer and pour in oil until just mixed. Pour in warm water while the mixer is running and mix for 3 minutes. Let sit at room temperature for at least 30 minutes. Separate into 12 pieces and roll into balls. Roll out each ball and heat on both sides until cooked through.