

Natural Sunscreen



Ingredients:

- ¼ cup avocado or grapeseed oil
- 50 drops carrot seed essential oil
- 40 drops myrrh essential oil
- 10 drops helichrysum essential oil

Instructions:

Mix all the ingredients together and pour into a 2 oz. spray bottle or glass amber dropper bottle. Shake well before each use. For best results apply every 2 hours or so.