



Ingredients:

1/4 cup oil of choice - I used calendula infused olive oil
1 oz. (3 Tbsp.) cocoa butter
1/4 c. aloe vera
1 Tbsp. Redmond clay
2 tsp. baking soda
1/4 cup castille soap
essential oils

Melt the cocoa butter into the oil over very low heat. Remove from heat and add the remaining ingredients, choose essential oils from the list below or use your own combination or single. Using a hand mixer or stick immersion blender, blend the ingredients until soft and fluffy. Pour into a container and store with your personal care items.

Manly Man Scent

15 drops pine
10 drops bergamot
8 drops blue spruce
8 drops cedarwood
5 drops vetiver
5 drops myrrh
4 drops bay
4 drops clary sage

Womanly Scent

12 drops geranium
10 drops ylang ylang
8 drops rosewood
8 drops Roman chamomile
5 drops rose
5 drops lemon
5 drops lavender
5 drops palmarosa
5 drops begamot