



2 parts usnea 2 parts yarrow 1 part red clover 1/2 part nettle leaf 1/4 part lobelia

<u>Salve</u>: apply as you would an antibiotic ointment on cuts, wounds, sores, or skin infections of any kind. Apply over any internal areas of infection such as the chest for lung issues and abdomen for urinary infections, cover with a hot pad to push further into the body.

<u>Tincture/Tea/Capsules:</u> Take internally to treat any infection. The lobelia in the formula will know exactly where to go and what to do.