



- 2 Tbsp. Calendula infused olive oil
- 1 1/2 tsp. rosehip oil
- 1 1/2 tsp. wheat germ oil
- 1/2 tsp. Vitamin E oil
- 10 drop helichrysum essential oil
- 4 drops myrrh essential oil
- 10 drops carrot seed essential oil
- 10 drops frankincense essential oil

Mix all the ingredients together and store in a glass dropper bottle. Roll the bottle between your hands to incorporate all the ingredients well.

**Uses:**

Apply to fine lines and wrinkles after your regular face care regimen (face wash, toner, face cream). Also heals and soothes any type of skin condition, paper cuts, hangnails, dry, scaly patches, rashes, sores, etc.

Disclaimer: The Information contained on this handout is for educational purposes only and as a guideline for your personal use. It is not intended to replace the advice of a licensed physician. Those who follow these suggestions do so at their own risk.