

Healing Salve



Ingredients:

- 4 parts lavender flowers
- 3 parts calendula flowers
- 3 parts echinacea root (or Oregon Grape Root or half and half)
- 2 parts plantain
- 2 parts comfrey
- 2 parts St. Johns Wort
- 2 parts yarrow
- Beeswax
- Essential oil (first aid blend or make your own; 5 parts tea tree, 2 parts cajeput, 2 parts rosemary)

Instructions:

Make an herbal infused oil by filling a quart jar $\frac{1}{2}$ full of dried herbs and pour olive oil over to the top of the jar, leaving 1" head space. Either place in the sun for 2-4 weeks, shaking daily for a solar infused oil or place in a crockpot filled with water on the low setting for 5 hours to 3 days, shaking daily and keeping water filled. Strain.

For every cup of herbal infused oil add 1 oz. of beeswax and melt over very low heat. Remove from heat and add 1 tsp. of essential oil per cup of oil, stir well and pour into containers. Let harden before capping and labeling.

To Use:

This is like an herbal Neosporin, use on cuts, scrapes, wounds, sores, rashes (very good for diaper rash), eczema, dry, chapped skin, mystery skin conditions, etc.