Glandular Formula

Cleanses and nourishes the glands and lymph organs of the body. Use for swollen glands, sore throat, tonsilitis, mastitis, thyroid malfunction, respiratory congestion, etc.

Use as a tea, fomentation, capsule, or tincture. In addition to external application take 2 capsules 2-3 times a day or 2-3 cups of tea a day.

Ingredients: mullein and lobelia

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