

Confetti Quesadillas



- 1 bottle of black beans, rinsed well
- 1 cup chopped zucchini
- 3 tomatoes, chopped
- 1/4 cup chopped green pepper (or 1/8 cup re-hydrated dried green pepper)
- 1/8 cup chopped jalapeno or hot pepper of choice (or sprinkle some chili powder)
- 1/2 cup fresh corn (or re-hydrated freeze dried corn)
- 1/4 cup chopped onion (or re-hydrated dried onion)
- handful chopped chives
- 1/2 teaspoon garlic salt
- Sprinkle of Garden Green Mix
- 1 cup or so shredded Cheddar cheese
- Whole Wheat Tortillas

Mix all ingredients together and spread over a tortilla, sprinkle with more cheese and top with another tortilla. Bake at 350 for 10 minutes, then flip and bake another 10 minutes. Let sit a couple of minutes before cutting into wedges. Serve with guacamole.