

## lerber Craft

# Herba













### **Bone and Muscle Salve**

Massage into sore, aching muscles, sprains, bone pain, injuries, back pain, bruises, etc.\*

Ingredients: olive oil, arnica, comfrey, plantain, St. John's wort, calendula, beeswax, essential oils; eucalyptus, birch, fir, spruce, lemongrass, helichrysum, myrrh, wintergreen, peppermint. \* DO NOT APPLY TO BROKEN SKIN

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