



5 parts red clover
2 parts red raspberry leaf
2 parts alfalfa (replace with nettle leaf if you are on blood thinner medication)

General guideline for dosage:

Take 2 capsules, 2 droppers or 1 cup of tea, 3 times a day until the reaction has subsided or you start feeling better. This will differ from person to person so if you feel you need more- take more, if you feel you need less- take less.

Uses:

To cleanse toxins from the blood stream due to medications, over exposure to cell phones or radiation, reactions to toxic plants, chemicals, etc.