

Blondie Bites



Ingredients:

1/2 cup walnuts

1/2 cup cashews

1/4 cup coconut sugar (or sugar of choice)

Blend to a coarse powder in a food processor or high powered blender.

Add:

1/2 cup chopped dates

2 tsp. Crio Bru (or cacao nibs)

1/2 tsp. vanilla

1/4 tsp. Real salt

Continue to blend until a nut butter consistency.

Instructions:

Roll into balls or press into mold to form a shape, whenever Big Woman is in charge she always chooses the pretty way to do things, so we opted for a mold. Once they are pressed hard into the mold you can immediately pop them out and they are ready to eat.